

# TRAINING FOR PEOPLE WORKING WITH YOUNG PEOPLE

Learn, Collaborate, Connect

## **Free foundational Youth Work Training**

(Students, Volunteers, Employees, Local Residents)

for people working with young people  
in Keyham & surrounding areas.

**Starting March 10th**

**2022**

**Keyham, Plymouth**

To book a place on one, more, or all training sessions complete  
the booking form by visiting this link

<https://forms.gle/9D96MUrNd5GzR7hz9>

or scanning the QR Code below.



For more info email - [info@plymouthtraining.com](mailto:info@plymouthtraining.com) or call 01752 564 342



Plymouth's training  
specialist for people  
working with children,  
young people and  
families.

Youth  
Focus  
SOUTH WEST

## **INTRODUCTION SESSION**

- An overview - Youth work in the area, your experiences & expertise, training ahead and benefits of partnership working

## **UNDERSTANDING SAFEGUARDING**

- An opportunity to develop awareness and confidence in recognising Safeguarding Concerns, and understand how to respond to young people at risk

## **SAFEGUARDING - YOUNG PEOPLE AT RISK**

- An opportunity to develop understanding of risk outside the family home, awareness of how to recognise signs of concern and how to respond. This session will include understanding sexual exploitation, criminal exploitation, harmful sexual behaviour and peer on peer abuse.

## **WORKING WITH YOUNG PEOPLE (PART 1)**

- An introduction and opportunity to Gain Knowledge and skills of youth work and to develop confidence to support young people in your day- This training session will identify key themes for young people today and reflect upon teenage years. today work

## **WORKING WITH YOUNG PEOPLE (PART 2)**

- An opportunity to further explore key themes to support you in your work with young people, with a focus on communication, young people's development and involving young people in decision making. During this session you can explore youth work in more details and look at options and resources should you choose to move on to more formal training and qualifications

## **PREVENT**

- An opportunity to learn about identifying and supporting young people at risk of radicalisation, extremism and terrorism and understand the local and national procedures for reporting any concerns.

## **EQUALITY & DIVERSITY**

- An introduction and opportunity to explore Diversity & Equality; legislation, including local networks and support for young people in Plymouth. This training session will explore the barriers to engagement and identify good practice.

## **MENTAL HEALTH & WELLBEING**

- An opportunity to develop an understanding of how to promote positive Health and Wellbeing with young people and to learn about organisations in place to support any concerns

## **RELATIONSHIPS & SEXUAL HEALTH**

- An introduction into developing knowledge and skills around relationships and sexual health with young people. This training will share experience, explore key themes and identify resources and good practice and develop knowledge of support services for young people in Plymouth.

## **DRUG & ALCOHOL AWARENESS**

- Introduction to working with young people and drugs and alcohol. In this session we will develop knowledge around the substances, their impact and affects and support services available for young people in Plymouth.

## **CHALLENGING BEHAVIOUR IN A YOUTH SETTING**

- An introduction and opportunity to explore challenging behaviour in a youth setting; identifying issues behind conflict, sharing experiences, building confidence and exploring how to manage challenging behaviour in a youth setting.